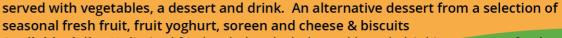
SCHOOL MEALS



Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches















Week One

Monday

Ham and Cheese Pasta Bake Served with Broccoli

Selection of Wholemeal Pizza with Various Toppings Served with Homemade Jacket Wedged Potatoes and Sweetcorn

Homemade Rice Pudding with a Compote of Warm Berries or Orange Sorbet

Tuesday

Homemade Minced Beef Hot Pot Served with Carrot and Peas

Oven Baked Vegetarian Sausage Roll Served with ½ Jacket Potato and Baked Beans

Chocolate Sponge with Chocolate Sauce

Wednesday

V Homemade Chicken Korma Served with 50/50 Rice

Red Tractor Beef Burger Served in a 50/50 Bun,
Diced Potato with Tomato Sauce and
Sweetcorn

Apple Crumble Served with Custard

Thursday

Roast Turkey

Served with Sage and Onion Stuffing, Creamed & Roast Potatoes, Carrots and Broccoli Gravy

Homemade Macaroni Cauliflower Cheese
Topped with Tomatoes Served with
Fresh Broccoli

Fresh Fruit Segments Yoghurt

Friday

Oven Baked Battered Salmon or Crumb Coated Chicken Served with Chunky Chipped Potatoes, Peas or Baked Beans

Homemade Cheese Flan

Served with Chunky Chipped Potatoes,
Peas or Baked Beans

Cooks Choice Cookie

Week Two

Monday

Selection of Wholemeal Pizza with Various Toppings Served with Herby Diced Potatoes, Peas or Sweetcorn

V Chicken Paella (Chicken and Savoury Rice) Served with Peas and Sweetcorn

Apple and Blackberry Crumble Served with Custard

Tuesday

V Homemade Spaghetti Bolognaise Served with Broccoli

Baked Gammon
Served with Cheesy Mashed Potato and
Baked Beans

Syrup and Sultana Sponge Pudding Served with Custard

Wednesday

Moroccan Lamb Tagine with Cous Cous or 50\50 Rice

V Pork Sausage with Creamed Potatoes, Gravy, Garden Peas and Carrot Batons

Warm Sticky Toffee Pudding with Caramel Sauce

Thursday

Roast Chicken with Sage and Onion Stuffing Served with Roast & Creamed Potatoes, Fresh Broccoli and Carrots Gravy

Tomato and Mascarpone Wholemeal Pasta Bake Served with Garlic Bread and Broccoli

Fresh Fruit Segments Yoghurt

Friday

Oven Baked Tempura Battered Fish Served with Chunky Chips Peas or Baked Beans

V Crumb Coated Chicken
 Served with Chunky Chipped Potatoes
 Peas or Baked Beans

Selection of Cookies

Week Three

Monday

Homemade (Change4Life) Cottage Pie Served with Broccoli

Selection of Wholemeal Pizza with Various Toppings Served with Homemade Jacket Wedged Potatoes and Sweetcorn

Plum and Oat Crumble Served with Custard

Tuesday

V All Day Breakfast

Filled Jacket Potato

Gingerbread Cake with Mandarin Orange

Wednesday

Steak Pie Served with Seasonal Vegetables and Savoury Potatoes

V Italian Pasta with Chicken Served with Seasonal vegetables

Carrot Cake

Thursday

Roast Gammon,
Sage & Onion Stuffing Served with Gravy,
Roast & Creamed Potatoes,
Fresh Broccoli and Carrot

V Chicken Tikka Masala Served with 50/50 Rice

Fresh Fruit Segments Yoghurt

Friday

V Oven Baked Crumb Coated Chicken Served with Chunky Chipped Potatoes and Garden Peas

Oven Baked Fish Fingers Served with Chunky Chipped Potatoes and Garden Peas

Cooks Choice Biscuit/Homemade Flapjack



School: Newchurch Primary

Menu Cycle Week One: 4th Sept, 25th Sept,16th Oct, 6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 19th Feb,12th Mar, 2nd Apr Menu Cycle Week Two: 11th Sept, 2nd Oct, 23rd Oct,13th Nov, 4th Dec, 25th Dec,15th Jan, 5th Feb, 26th Feb,19th Mar, 9th Apr Menu Cycle Week Three: 18th Sept, 9th Oct, 30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan,12th Feb, 5th Mar, 26th Mar

Menu Autumn/Winter 2017/18



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

