

Newchurch Community Primary School  
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20<sup>th</sup> March 2024

Dear Parent/Carer,

### Relationships and Sex Education

Along with you as parents, we want the children of Newchurch to grow up healthy, happy, safe and able to manage the challenges and opportunities of modern Britain. From September 2020, all primary age children are expected to be taught Relationships and Health Education (RSE).

These subjects are designed to equip your child with knowledge to make informed decisions about their well-being, health and relationships as well as preparing them for a successful adult life. The world is an ever-changing landscape for our young people and it looks very different from the way it did twenty-one years ago, which was when this part of the curriculum was last updated. The content of the curriculum brings these subjects into the 21<sup>st</sup> century, so that it is relevant to our children now.

At Newchurch, we have the flexibility to deliver the content in a way that is age and developmentally appropriate to the children, yet sensitive to the needs and religious backgrounds of our families.

Relationship Education will put in place the foundations for positive and safe relationships, including those with family, friends and online. Your child is taught what a relationship is, what friendship is, what family means and who can support them. In an age appropriate way, we will cover how to treat each other with kindness, consideration and respect. By the end of primary school, the children will have been taught content on:

- Families and people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe



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Health Education aims to provide your child with the information they need to make good decisions about their own health and well-being, to recognise issues in themselves and others, and to seek support as early as possible when issues arise. By the end of primary school, the children will have been taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

The lessons that you as parents teach your child about healthy relationships, looking after themselves and staying safe, will be respected and valued under the curriculum. At Newchurch, we hope to complement and reinforce the lessons you teach your child as they grow up.

You are not able to withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to keep safe.

At Newchurch, we do teach Sex Education. Prior to the pandemic, the Parent Board discussed our curriculum offer and are happy with its content and a further consultation was conducted via a google form last year which showed that parents were happy with school delivering this part of the curriculum. A particular scheme of work has been used to ensure that what we teach is age appropriate. Please follow this link to see what each year group will cover: [Newchurch Primary School - Personal, Social and Health Education and RSE](#)

If you do not wish for your child to take part in some, or all, of the lessons on Sex Education, please can I ask that you first speak with either myself or Mr Duckett and then if you still wish to withdraw that you do so **in writing before 14<sup>th</sup> June 2024** The science curriculum in all maintained schools include content on human development, including reproduction, which there is no right to withdraw from.

Kindest regards,

*Jayne Narraway*

Headteacher

