

NEWCHURCH COMMUNITY PRIMARY SCHOOL

3rd April 2018

Parent Yoga Class Thursday 19th April 2018

Dear Parents/Carers,

As part of our commitment to health, wellbeing and mindfulness, we are pleased to invite you to our Yoga class here at Newchurch.

The class is free of charge and will take place on Thursday 19th April from 15:30 – 16:30. A child-minding service will be provided for the hour to allow you to fully engage with the class

Children at Newchurch already have the opportunity to participate in Yoga classes on Thursday mornings, utilising the time to help give them a calming start to their day. Their instructor, Abi Lomax, will be leading the after school class. She has many years of experience and teaches across Warrington to all ages.

If you would like to participate in this class, please fill out the form below and return to school by Friday 6th April.

Yours sincerely,

Mr Singleton

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I _____ parent/carer of _____

in year _____ would like to participate in the parent Yoga class.