

KINGSWOOD 2018 PACKING LIST

What does my child need to bring to Kingswood?

Old clothes! Clothing and shoes worn outside during activities will inevitably get dirty. We try to help children look after their things but items do get lost or left behind, so we recommend all items are **clearly named** and students are given a packing list to take with them so they can tick things off as they pack them at the end of their stay. Here's a sample packing list they can use:

- **Waterproof jacket (trousers if possible)**
- **Sturdy shoes and wellies**
- 1 bath towel
- Toiletries bag including toothbrush, toothpaste, soap
- Hairbrush, hair bobbles (*long hair must be tied back for activities where safety helmets are worn.*)
- Night clothes
- Socks and underwear
- 4 t-shirts, shirt or blouses (at least 1 with long sleeves)
- 2 Sweatshirt or Fleece
- 3 thick sweatshirts or fleece and 1 light sweater
- 3 pairs of comfortable trousers jeans/tracksuit/leggings
- Clothes for the evening activities
- 2 pairs of trainers, including one old pair
- large plastic bag for dirty clothes
- Gloves, hat and scarf in winter
- Drinking water bottle

Please keep in mind that many of our activities require arms and legs to be covered whilst taking part this is to comply with the organiser's health and safety policies and the activity coordinator can refuse to allow a child to take part in the activity if they feel they will not be safe.

What should my child not bring to Kingswood

Mobile phones, expensive cameras, electronic games, iPods or mp3 players, expensive or much-cherished jewelry, expensive or favorite items of clothing or shoes – these items aren't covered by our insurance.