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Headteacher: Mrs J Narraway

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Dear parent/carers,

As you know, the number of positive cases is rising in the local area which has resulted in a number of classes in some Warrington schools needing to be asked to isolate and home school. I am sure that we all share the frustration of seeing Wimbledon or Wembley filling up with spectators whilst schools are sending home pupils. I am also noticing a decline in the number of people keeping to the sanitation rules in supermarkets and shops which is very worrying especially when schools are continuously ensuring the risks are mitigated and our children and staff are adhering to the rules. At this point, we would like to take a moment to thank you for your continuous commitment to supporting us in mitigating the risks to our children, staff and their families when dropping off and collecting the children each day.

We would like to remind parents to continue to be vigilant of the following symptoms:

- new continuous cough
- fever (a temperature of 37.8°C or higher)
- loss of, or change in, normal sense of taste or smell (anosmia)

If you develop these symptoms, however mild, at any point, we ask that you stay at home from the day your symptoms develop and at least the next 10 full days as advised in:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

We ask that you book a free test at www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

At this point, all other household members (even if they remain well) must stay at home and not leave the house for 10 days. The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school, or public areas and exercise should be taken within the home. At the end of this time, if you feel well and your temperature is not high, you can safely return to your education setting or work place.



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If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

May we also remind you that there are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

We have received information from the local Public Health Education teams who have asked us to share the following information regarding wider symptoms people have also been testing positive with. They include:

- Diarrhoea
- A persistent headache
- Fever and chills
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting

We ask that if you or your child have any of these wider symptoms, you get a test at one of Warrington's symptoms-only testing sites and then self-isolate if your result is positive. The test booking system will ask why you are booking a test. When you book a test for any of these wider symptoms, you should choose the 'you've been asked to get a test by a local council' option.

Please seek prompt medical attention if your illness is worsening. If it's not an emergency, contact NHS 111 online. If you have no internet access, you should call NHS 111. If it is an emergency and you need to call an ambulance, dial 999 and inform the call handler or operator that you have coronavirus (COVID-19).

Kind regards,

Mrs Jayne Narraway

Head Teacher



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