









Week One

Meat Free Monday

Macaroni Cheese

Vegetarian Sausage Roll baked diced potatoes and beans

Strawberry Ice Cream Roll

Tuesday

V Chicken Tikka curry served with 50/50 rice

V Baked fishcake, baked potato waffles, peas and sweetcorn

> Fresh Fruit Segments or yoghurt

Wednesday

V Hot Cheese Panini served with coleslaw, sweetcorn and salad

V Mascarpone Pasta Bake served with seasonal vegetables

Homemade Blueberry Cake

Thursday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Momemade Cheese Flan served with baked jacket wedges sweetcorn and salad

V Jelly and Fruit

Friday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Week Two

Meat Free Monday

Margarita Pizza served with baked jacket wedges and sweetcorn

Baked Falafel with Couscous and salad

Raspberry Ripple Ice Cream Roll

Tuesday

V Chilli Beef served with 50/50 rice

V Hot Tuna or Cheese Panini, fresh salad, coleslaw

Fresh Fruit Segments or Yoghurt

Wednesday

V Pasta Bolognaise served with mixed vegetables

Spicy Quorn served with savoury rice and mixed vegetables

Banana and Oat Cake

Thursday

V Chicken curry and rice

V Selection of filled wraps

∨ Jelly and Fruit

Friday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade Biscuit

Week Three

Meat Free Monday

Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

Tuesday

V Homemade Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn

Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn

> Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baguette pepperoni pizza served with fresh salad and coleslaw

Apple Crumble and custard

Thursday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

> **V** Twice Baked Jacket Potatoes with ham and cheese served with baked beans

> > V Jelly and Fruit

Friday

V Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie



Menu cycle week 1 20th Nov, 11th Dec Menu cycle week 2 27th Nov, 18th Dec Menu cycle week 3 13th Nov, 4th Dec



= Vegetarian \vee = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals





