

PSHE Progression Overview

Year 1	Autumn Term				Spring Term			Summer Term		
	Relationships			Living in the wider world			Health and Well-being			
	Families and	Safe	Respecting	Belonging to a	Media	Money and	Physical health	Growing and	Keeping safe	
	Friends	Relationships	ourselves and	community	literacy and	work	and mental	changing		
			others		digital		well-being			
					resilience					
	mum + dod = and on the second of the second	1 SAND VOU TOURS T	Accept OTHERS for who they are, NO! for who you think they should be.	COMMUNITY WORK WAR AND A COMMUNITY GIVING			healthy + healthy = happy body + mind = life	eroving and Changing eroving and Changing being Anary.	KEEP CALM STAY SAFE	
	Roles of different	Recognising	Recognising	Learn about	Using the	Celebrating and	How we keep	Recognising what	The importance	
	people in the	privacy	how behaviour	what rules are	internet and	recognising	healthy	makes us unique	of rules and age	
	children's lives		can affect		other digital	strengths and	How food,	and special	restrictions in	
		Learning how to	others	Caring for	devices	interests	exercise and		keeping us safe	
	Who their family	stay safe		others' needs		Jobs in our local	good hygiene	Learning about		
	is and how		The		Communicating	community	play a part in	our feelings	Keeping safe	
	families are	Seeking	importance of	Ways to look	online		keeping us		online	
	different	permission	being polite	after the			healthy	Learning how to		
			and respectful	environment			How we keep	regulate		
	Understand that						ourselves safe in	themselves when		
	being in a family						the sun	things go wrong		
	is about feeling									
	cared for									
Year 2		Autumn Term		Spring Term			Summer Term			
		Relationships	ı	Living in the wider world			Health and Well-being			
	Families and	Safe	Respecting	Belonging to a	Media	Money and	Physical health	Growing and	Keeping safe	
	Friends	Relationships	ourselves and	community	literacy and	work	and mental	changing		
			others		digital		well-being			
					resilience					

	mum + dod = a ountie + uncle = foster mum + foster dod = mum + mum = dod + dod + soyriend = mum + mum = girlfriend = mum + mum = girlfriend = dod + dod = dod + stepmum = mum = boyriend = grandma + grandpa =	I LOVE YOU TO ARREST TO AR	Scept OTHERS for who they are, 101 for who who you think they should be.	COMMUNITY			healthy + healthy = happy body high	Growing and Changing Growing Analysis	KEEP CALM STAY SAFE
	The importance of making friends What being lonely feels like and how to get help	Managing secrets Learning how to resist pressure and knowing where to get help from Recognising hurtful Behaviour: assertiveness and impulsive behaviours	Recognising things we have in common and differences Playing and working cooperatively Recognise the importance of sharing opinions	Belonging to a group Different roles and responsibilities Recognising similarities and diversity in the Community	How we use the internet in our daily life Managing online content and information	What money is and why we need it Exploring the difference between needs and wants Ways of looking after money	The importance of sleep The importance of medicines and keeping healthy Keeping teeth Healthy How to manage feelings and ask for help	Changes when we growing older Naming body parts Moving into another class or year	How to keep safe in different environments Risk and safety at home What an emergency is and what to do when there is one
Year 3		Autumn Term Relationships		Livi	Spring Term ng in the wider w	vorld	н	Summer Term Health and Well-bei	ng
	Families and Friends	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental well-being	Growing and changing	Keeping safe
	mum + dod = auntie + uncle = fosten mum = fosten dod = mum + mum = fosten dod = mum + mum = girlfrend = mum + mum = girlfrend = mum = b dod = dod + dod = dod + dod = grandme + grandpa = grandme + grandpa =	LOVE YOU SOON TO LOVE TO	OTHERS for who they are, 101 for who 194 think they should be.	COMMUNITY WOOK GIVING			healthy + healthy = happy body + mind = life	Growing and Changing Growing America Changing	KEEP CALM STAY SAFE
	Exploring what makes a family	Recognising personal boundaries	Recognising respectful behaviour	The value of rules and laws	How the internet is used	Exploring different jobs and Skills	Recognising the importance of making good health choices	Identify that people are unique and	Recognising risks and hazards Exploring how to

Year 4	Discovering the features of family life	How to safely respond to others Recognising the impact of hurtful behaviour Autumn Term	The importance of self-respect The importance of courtesy and being polite	Recognising and understanding our rights, freedoms and responsibilities	Assessing information online Spring Term	Recognising and challenging job stereotypes Setting personal goals	and recognising bad habits Recognising what affects feelings Exploring appropriate ways of expressing Feelings	respect those differences by exploring the differences between male and female bodies Recognising and celebrating personal strengths and achievements Learning how to manage and reframe setbacks Summer Term	keep safe in the local environment and unfamiliar places such as canals and rivers
	Relationships			Living in the wider world			Health and Well-being		
	Families and Friends	Safe Relationships	Respecting ourselves and	Belonging to a community	Media literacy and	Money and work	Physical health and mental	Growing and changing	Keeping safe
	Titelius	Keiationsinps	others	community	digital resilience	WOIK	well-being	Changing	
	mum + dad = ountie + uncle = ountie + un	LOVE YOU TO THE STATE OF THE ST	Accept OTHERS for who they are, NOT be who you think they should be.	COMMUNITY WORK STREET ON THE STREET OF THE			healthy + healthy = happy body life	Growing and Changing Growing and Changing Growing Americans Americ	KEEP CALM STAY SAFE
	Recognising and maintaining positive friendships,	Responding to hurtful behaviour	Respecting differences and similarities	Exploring what makes a community	How data is shared and used	Making decisions about money	Maintaining a balanced lifestyle How to maintain	Understanding personal identity Puberty is part of	Recognising the dangers and risks of medicines and household
	including online	Managing confidentiality	Discussing difference	Investigating what is meant		Using and keeping	oral hygiene and	the life cycle and the changes that	products
		Recognising risks online	sensitively	by shared responsibilities		money safe	dental care	Recognising individuality and	Identifying drugs that are common to everyday life

								different qualities Understanding the importance of maintaining good mental wellbeing	
Year 5		Autumn Term		Spring Term Living in the wider world			Summer Term		
	Families and Friends	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental well-being	Growing and changing	Keeping safe
	mum + dad = ountie + uncle = foster mum + foster dad = mum + mum = dad + dad's boyfriend = mum + mum's griffriend = mum = dad = dad + dad = dad + dad = dad + stepmum = mum + mum's boyfriend = grandma + grandpa = famillies =	100 Miles (Color Polymer) (Color Polymer) (Color Polymer) (Color Polymer) (Color Polymer) (Color Polymer) (Color Res	OTHERS for who they are, NOI bowho They should be.	COMMUNITY WORK WANT AND A			healthy + healthy = happy body wind = life	Growing and Changing Crowing Andry & Changing & Changing & Changing	KEEP CALM STAY SAFE
	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people Recognising prejudice and discrimination	Protecting the environment How we show compassion towards others	How information online is targeted Exploring different media types, their role and impact	Identifying job interests and aspirations Exploring what influences career choices Exploring and challenging workplace stereotypes	Recognising the importance of healthy sleep habits Exploring the impact of poor sun safety and exploring effective ways to keep safe in the sun Learn about medicines, vaccinations,	Exploring physical and emotional changes (Puberty) The importance of personal hygiene	How to keep safe in different situations, including responding in emergencies, first aid
Year 6		Autumn Term			Spring Term		immunisations and allergies	Summer Term	

Relationships			Livir	Living in the wider world			Health and Well-being		
Families and	Safe	Respecting	Belonging to a	Media	Money and	Physical health	Growing and	Keeping safe	
Friends	Relationships	ourselves and	community	literacy and	work	and mental	changing		
		others		digital		well-being			
			_	resilience					
mum + dad = ounte + uncle = foster mum + foster dad = mum + mum = dad + dad's boyfriend = mum = 0 dad = dad - dad = dad - dad = dad - dad = grandma + grandpa = families =	TSAD OF YOU TO THE TO T	Accept OTHERS for who they are, NOT for who They should be.	COMMUNITY VIOLENTIAL OF THE PROPERTY OF THE P			healthy + healthy = happy body	Growing and Changing Growing and Changing Growing Action Compared Research Compared Research Compared Research	KEEP CALM STAY SAFE	
Recognising	Recognising and	Expressing	Valuing	Evaluating	Exploring	What affects	Human	Keeping personal	
attraction to	managing	opinions and	diversity;	media	influences and	mental	reproduction and	information safe	
others	pressure	respecting other points of	challenging discrimination	sources	attitudes to money	health and ways to take care of it	birth	Peer influence	
Exploring	Consent in	view,	and stereo-	Exploring safe			How to increase	Exploring	
romantic	different	including	types	and unsafe	Investigating the	Managing	independence	regulations and	
relationships	situations	discussing		ways of sharing	financial risks	change, loss and		choices	
Civil partnership		topical issues		things online, and the impact	people take and the impact this	bereavement	Managing transition	Drug use	
and marriage				this could have	can have	Managing	transition	and the law	
and marriage				this could have	Can nave	time online		and the law	
								Drug	
								use and the	
								media	