



# FRIDAY NEWCHURCH

7<sup>th</sup> February 2020

## Bring a loved one to lunch

Tuesday was such a special day when our Year 3 children had the opportunity to invite a loved one to lunch. Many parents and grandparents came to school and shared the delights of our school dinners. Of course, some of our parents work and were unable to attend so they We are exceptionally grateful to Jayne, Jeanette, Bev and Michelle who work in the kitchen for all their hard work each and every day. We received the loveliest of emails from one of two of our children's grandparent:

*'This is to say a big thank you for the invitation to lunch yesterday.*

*My two granddaughters attend your school and I often do the pick up at the end of the day. It was lovely to see how my elder granddaughter functions at lunchtime. It was really enjoyable for me as a grandparent to feel so involved, which I am whenever the opportunity arises. I also saw the younger one in the playground enjoying herself and I met the very nice playground supervisor, Lynne.*

*I very much admire the ethos of your school and wish my own had been as rounded! The atmosphere of the school always seems happy and full marks to yourself, the teachers and the kitchen staff and hope you will pass on my thanks to them.'*

The next 'Bring a loved one to lunch' is on 3<sup>rd</sup> March and will involve Y4.

## Mental health week

This week is Children's Mental Health Week and all the children have engaged in a range of different activities to enable them to understand that they need to look after their mental health as well as their physical health. The children learned that it is okay to have

big and uncomfortable feelings.

In assembly today, the theme was 'Finding your brave' which explained that bravery comes in all shapes and sizes, and that life is full of small brave steps. The assembly also helped the children understand that sharing their worries with an adult they trust is a brave thing to do.

Check out this great story which was shown to the children this morning:

<https://www.youtube.com/watch?v=Z2593x-H3xQ>

It helps the children understand that sometimes children with mental health needs present in ways which can cause big uncomfortable feelings and that it is okay to express how it makes them feel and let the adults help them.

**REC:** The children have been sharing ideas on how to be a good friend and how to help each other when we are feeling sad.

**Meryn** – When people are sad, I would get them a tissue.

**Noah** – I like building with my friends, it makes me happy.

**Y1:** This week, we talked about what it mean to be a kind friend and how we can make them happy.

**Anya** – If you give them a nice hug, it makes them happy.

**Bobby** – I play with my friends and build models and that makes them happy.

**Y2:** During Mental Health Awareness Week the children have used words and gestures to describe and show feelings. They have discussed how to recognise how other people may be feeling. They also learnt how to ask for help with 'big feelings.'

**Lilly-May** – We looked at different facial expressions and discussed how people were feeling.

**Lewis** – I enjoyed the game where we acted out different emotions and had to guess what they were.

**Y3:** For Mental Health Awareness Week, Year 3 have been working on understanding a larger range of feelings and emotions. The children have spent time exploring the story 'The Tear Thief.' They looked at the emotions used within the story and worked collaboratively to unpick all of the emotions used.

**Newchurch Community Primary School**  
01925 763427

Headteacher: Mrs J Narraway  
[www.newchurchprimary.co.uk](http://www.newchurchprimary.co.uk)

**If you have any concerns about Child Protection or Health and Safety,  
Please contact school**

**Ruby** - I enjoyed Mental Health Awareness Week because we got to learn about new feelings.

**Sienna** - I enjoyed showing our parents what to do

**Y4:** As part of Mental Health Awareness Week, Year 4 have been discussing their feelings, both good and bad, how it affects different parts of their bodies, including changes to facial features and who or what can help them if they needed it. As always the whole class were fantastic during their learning and they all had great suggestions and ideas of how to help each other.

**Olive** - I enjoyed the lessons this week because I got to express how I felt and it made me realise that other people have the same feelings as me.

**Phoebe B** - I learnt that sad and happy feelings can affect how your body feels too.

**Year 5** have been studying how important it is to look after our mental health and the impact we have on others. They considered how events and actions make them feel and how their emotions can be managed to allow them to reach their potential. Colour was an important part of how the children communicated how they felt.

**Isabelle** - I liked talking about negative emotions.

**Thomas** - We watched a film called 'Inside Out' that looked at our emotions.

**Y6:** This week, the children in Year 6 have been exploring the term 'Mental Health'; what it means, factors which can impact on our mental health and coping strategies. There were many sensitive issues discussed but, as usual, the children dealt with them in a very mature manner.

**Evie** - We learned it was okay to be upset and if we are to tell someone as that will make us feel better.

**Isabelle** - I enjoyed making the booklet of coping strategies and learning what causes mental health issues.

## Half term holiday activities

Not sure of how to entertain the children over the half term holidays? Look no further as the Families and Wellbeing Information Team, who work for the Local Authority, has put together a list of activities taking place in the February half-term. The link to the list is

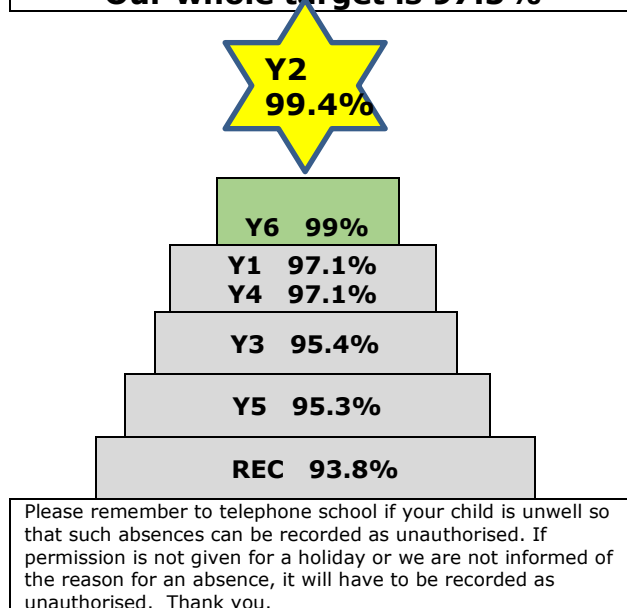
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Have fun!

## READING LADDER w/e 7<sup>th</sup> February 2020

	<b>Y4 93%</b>	<b>+</b>
	<b>Y6 86%</b>	<b>+</b>
	<b>REC 83%</b>	<b>=</b>
	<b>Y5 80%</b>	<b>-</b>
	<b>Y1 76%</b>	<b>+</b>
	<b>Y3 70%</b>	<b>+</b>
	<b>Y2 67%</b>	<b>-</b>

## Attendance w/e 31<sup>st</sup> January 2020 Our whole target is 97.5%



Have a lovely weekend.  
Mrs Jayne Narraway

<b>SCHOOL DIARY DATES</b>	
12.2.20	KS1 and KS2 SATs meeting (6:30pm)
3.3.20	Y4 – Bring a loved one to lunch
5.3.20	World Book Day – Reading Picnic
6.3.20	Circus Skills Day
19.3.20	PTA meeting 7pm
20.3.20	Thank you Service (all invited)
23.3.20	PAN Performance Evening
27.3.20	Easter Bingo
24.3.20	Y5 – Bring a loved one to lunch
3.4.20	Easter Extravaganza
21.4.20	Y6 – Bring a loved one to lunch
23.4.20	Parents' evening
W/C 11.5.20	KS2 SATS
W/C 18.5.20	KS1 SATS
19.5.20	Rec – Bring a loved one to lunch
9.6.20	Y1 – Bring a loved one to lunch
10.6.20	New Starter Meeting (7pm)
19.6.20	Sleepover
30.6.20	Y2 – Bring a loved one to lunch
3.7.20	BBQ
6.7.20	Sports' Day
17.7.20	Leavers' Assembly (all invited)
<b>To help with family financial planning, please be aware, pupils in Year 6 will be going to Arete in April and Y4 will be going to Beeston in July.</b>	