

Newchurch Community Primary School
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Headteacher: Mrs J Narraway

2nd May 2021

Advice for Child to Self-Isolate for 10 Days

Dear Parent/Carer,

We have been advised that there has been a confirmed case of COVID-19 within our Reception class.

We have followed the national guidance and have identified that your child has been in close contact with the affected person. In line with the national guidance your child must now stay at home and self-isolate until Tuesday 11th May (10 days after contact) and will return to school on this day.

If your child is well at the end of the 10 day period of self-isolation, then they can return to their usual activities and attend school as normal.

Other members of your household can continue normal activities, provided your child does not develop symptoms within the 10 day self-isolation period.

For more information, please see the guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

Home learning

As we are now isolating the whole of our Reception class, we will implement our home learning in the same way we did during the lockdown. You should still have your resource packs and anyone who loaned a device should still have it. Mrs Sizer will post details on google classroom regarding the times of the live register, phonics sessions, circle times and story time. There are likely to be additional sessions but Mrs Sizer will notify you of those.



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Children eligible for benefits-related free school meals

The kitchen have been notified that we are needing to isolate the children and therefore, any children who are entitled to benefits-related free school meals will receive a food parcel. These will be delivered as soon as possible.

What to do if your child develops symptoms of coronavirus (COVID 19)

Having been identified as a close contact, if your child then develops symptoms of coronavirus (COVID-19), they should remain at home for at least 10 days from the date when their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). Anyone with symptoms will be eligible for a PCR test - this is the type of test that is normally available and can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms or have not tested positive using a Lateral Flow Device should not request a PCR test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day isolation period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas, and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

For more information, please read PHE's 'Stay at Home' guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you



are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

May we take this opportunity to thank you for your understanding towards us as a school when we have needed to isolate your child. We appreciate the difficulties this may cause to your own working patterns and family life. However, if continue to act swiftly and responsibly, we can work together towards fighting this dreadful virus.

With kindest regards,



Mrs Jayne Narraway

Head Teacher



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