

May 2021

Evidence shows that being outside and connecting with nature can provide many health and well-being benefits including:

- opportunities to increase physical activity
- guarding against obesity and type 2 diabetes
- preventing Vitamin D deficiency
- reducing the symptoms of stress and ADHD
- contributing to dementia treatment
- minimising childhood short sightedness
- promoting academic attainment
- developing employability skills
- helping to prevent the loss of environmental knowledge and understanding

Natural Resources Wales have put together fourteen outdoor activities which enable children and young people to connect with the natural world around them. Follow this link to the resource: https://cdn.naturalresources.wales/media/691058/activities-and-games-health-and-well-being.pdf which includes the following fourteen activities:

Earthing
Grounding
Muddy Marvellous
Tree Hugging
Meet a Tree
Edible Deadible
Nightline
Floating Bamboo
Human Knot
Squirrel Cache
Wilderness Survival
Wilderness Workouts
Campfire Cooking
Shelter Building



Our Responsible Robins – School Council Update



This month, the School Council came together to discuss the different clunbs the children wanted next year. Each of the representatives presented the range of ideas the different classes had, and looked to see what the uptake would be in each class. With this information, the school will be looking to find ways for the different classes to have their clubs and also look at potentially exploring the use of outside providers to deliver some sessions at a small cost to parents. We will keep you updated with their plans.

Mentally Healthy Robins



Mental Health Awareness Week takes place every year in the month of May and provides us with a great opportunity to raise awareness of the need to maintain not only our physical health, but our mental health also. This year's theme was 'Nature'; how feeling connected with nature can improve a person's emotional wellbeing.

Being outdoors is good for us in so many ways.

Ideally, a connection to nature established at a
young age will develop healthy, lifelong behaviours.

Newchurch Community Primary School 01925 763427

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Reception

Healthy Lifestyle Week

The children have thoroughly enjoyed healthy lifestyle's week, where they discussed how to keep healthy by eating healthy foods, exercising and keeping clean, especially their teeth. Through the story 'Give us a Smile Cinderella', the children talked about the reasons why everyone needs to clean their teeth and they wrote instructions of how to clean their teeth.



Cruz- you have to clean your teeth for 2 minutes.

Jack- I liked talking about everyone's favourite fruit.

Alexander- My favourite fruit are raspberries.

Spanish

It has been an exciting half term as the children have started to learn how to speak a little bit of Spanish. They have been learning new songs, which has been teaching them how to say good morning, how are you and good night and they have also been counting to 10. They have made an impressive start!

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Thomas- I like talking Spanish. We talk Spanish on holiday.

Tilly- I can say hello and goodbye in Spanish.

Art - Textiles



In Reception, the children have been researching the artist Ulrike Martin and how she produces art work using textiles. After looking at the images of the work that she had produced, the children recreated her art work. They used fabric and paper to weave and create different patterns.

Finley- I can make a repeating patterns when I am weaving.

Fabiana- I really like weaving; it is good fun.

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Healthy Lifestyles Week

To celebrate Healthy Lifestyles Week, Year 1 participated in a range of activities across the curriculum. In English they retold the story of Eat Your Greens, Goldilocks and discussed why it is important to have a healthy diet. They looked at lots of different types of food and sorted them into healthy and unhealthy choices. They then had the challenge of creating a healthy packed lunch, costing no more than twenty pence. They wrote number sentences and used number lines to check how much they had spent.



In PSHE they discussed the different qualities that are important to keep healthy friendships. They cooked up a friendship recipe which included a bottle of laughter, a jar of love and a spoonful of smiles!

Year 1 loved completing the Captain Tom 100 challenge. After a class vote they decided to do 100 star jumps! They put in a superb effort and even managed to count to 100 out loud as they were jumping!



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Art

In Art, Year 1 have been exploring symmetry and repeating patterns. They looked at different colours and had a great discussion about how colours are connected to different feelings. They decided that yellow is a happy colour and pale green is a calm colour. They then used paint to create their own symmetrical art showing different feelings.



They went on to explore shapes and patterns and created repeating patterns using natural objects they found outside. They used chalk to recreate their pattern and then photographed their work. They created their own frame to display their photographs by making shapes from different collage materials and arranging them into a repeating pattern.



Spanish

Year 1 had lots of fun this term learning how to greet people and ask their name in Spanish. They sang songs and played games to practise what they learned and can't wait to find out even more Spanish phrases!

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Healthy Lifestyles Week

As part of Healthy Lifestyles Week, Year 2 took part in a range of activities. For maths, they were tasked with the challenge of creating a healthy meal plan



for the day, but they were only allowed to spend a total of £5! The children worked well as a team to create a meal plan that was enjoyable and still had some

treats - it was all about the moderation.

For PSHE, Year 2 talked out keeping their minds healthy. The children showed great maturity when discussing what to do when they get big feelings and discussed ways of getting rid of their worries. We looked at the story of 'The Colour Monster' to help describe some tricky feelings we might be having.

Using their fantastic writing skills, the children created useful leaflets to share their knowledge of maintaining a healthy lifestyle, through food, exercise and different ways of keeping their minds healthy.



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Art

As part of art week, Year 2 have looked at the artist 'Guillermo Kuitca' for their collage topic. The children spent time exploring and



experimenting with a range of different materials to decide what they would like to use for their

final pieces.

Year 2 also went on to make a natural collage, using only things from outside!

The children also put their skills to

use when we made some stained glass windows as part of our current RE topic.



iMuy Bien!

Year 2 have been
exploring some exciting new Spanish
vocabulary. This term, they have focussed
on greetings and numbers. The children
have become brilliant at greeting each
other in Spanish and some children even

choose to answer the register in Spanish!



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Healthy Lifestyles Week

As part of Healthy Lifestyles Week, Year Three took part in a range of different activities during the week. The children of Year 3 were tasked with finding out everybody's favourite fruit. Firstly, they created a tally chart based on a vote. Then, they used this information to create bar charts and pictograms.

In English, the children read and looked at 'Eat Your Greens Goldilocks'. They used it as inspiration to write their own fantastic healthily eating stories to share how important it is to maintain a healthy lifestyle.

In PSHE, Year Three talked about the importance of keeping their minds healthy and the concept of self-esteem. The children were able to explain and understand what self-esteem is and how it helps us to be confident and believe in our own abilities.

The children of Year Three also took part in the Captain Tom 100 Challenge. They collective decided to work together to complete 100 minutes of skipping to keep themselves physically active.



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Lilly-May - I enjoyed writing our own healthy eating stories based on 'Eat Your Greens Goldilocks'.

Natalie - I enjoyed taking part in the captain Tom 100 challenge because I enjoy skipping.

Collage Crazy

As part of Art Week, Year Three have been looking at Ted Harrison and his artwork. They are currently in the process of planning their final pieces (they look amazing) so keep an eye on twitter for the masterpieces.

William - I really liked experimenting with different materials to create a collage.

Super Spanish

Year Three has made a fantastic start to our new Spanish curriculum. This term, the children of Year Three have started to look at Spanish greetings and numbers.

Jack R - I have learnt to count in Spanish and I enjoy playing 'Simon Says' with the different greetings.



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Healthy Lifestyles Week



To celebrate Healthy Lifestyles Week, Year 4 explored many different areas of the curriculum and linked their learning to it. In English they

retold the story of Clean your teeth

Cinderella by changing the characters and setting to an underwater theme, which they then

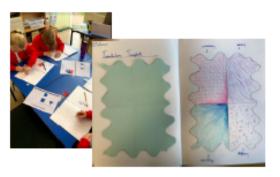


turned into an e-book.

Through PSHE they discussed why personal hygiene is important to us and how to keep our body and minds healthy and in Maths they compared the nutritional values of different items of food. They then had the challenge of creating the healthiest three course menu with a list of food given.

Lily H - It was fun writing our own story based on Cinderella but changing it to underwater and turning it into our own book.

Art



In Art, Year 4 have been learning about the work of M.C. Esher and the use of repeating patterns and tessellation. They have experimented with creating patterns using 2D shapes and then went on to make their own template to create their own unique tessellating pattern. The children have also been experimenting with different shading and colouring techniques which they learnt from previous Art topics and decided if they wanted colour or a black and white theme.

Faye - In art we have been learning about tessellation because it makes you think more about the patterns that you are making and how to put them together. I also like to challenge myself with the patterns.

Spanish



Year 4 have embraced the new Spanish language that they have been learning each week. They have picked up the language amazingly well and hearing the children speaking Spanish around the school is wonderful. They have already learnt so much such as: how to greet people, saying their name, and how to say colours and numbers.

Ruby - Spanish is helpful because it will help us to communicate with other people when we go abroad.

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HEALTHY BODY AND HEALTHY MIND

We all know the importance of a healthy body and a content mind, but in the modern world it can be challenging. Year 5 have looked at the dangers of being in the sun, as we approach the summer, creating their own health and safety videos. The children looked at the elements which help them maintain a healthy mind and shared their methods with their peers.





HOLA AMIGOS Y AMIGAS

They may only just be starting out with the Spanish conquest, but Year 5 are already mastering some vocabulary and phrases, including colours, numbers and how to introduce themselves. Here is a little guide to help you speak with our budding linguists.

Verde – Green

Rojo - Red

Azul - Blue

Amarillo - Yellow

"Como estas?" - How are you?

"Muy bien, y tu" - Very well, and you?



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TERRIFIC TEXTILES

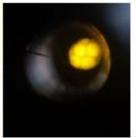
Over the final week of this half term, Year 5 have been practising their sewing skills but with the eye of an artist. We all know that art can move us in many ways; however, one of its biggest roles is reflecting on society and helping change the world. Year 5 have been inspired by change and helping to correct some of the issues we see around us. With this in mind, their applique designs have looked at tackling racism, homophobia and sexism through the medium of art. As ever, their knowledge, compassion and application were excellent.



LIFE THROUGH A LENS

As Year 5 come to the end of their Living Things and their Habitats work, they have been reflecting on all of the facts and skills they have developed in looking at the world around them. They even got the chance to use some of the microscopes kindly donated by Culcheth High. They studied how bacteria and plants reproduce, studied our locality and viewed flora through a fine lens.





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Healthy Lifestyles Week



As part of Healthy Lifestyles Week, the children used this picture book as a stimulus for the importance of healthy eating and having a balanced diet. Over the course of the week, the children worked towards the writing of a persuasive letter to Goldilocks convincing her to eat her greens.

Year Six also explored the different ways in which they could ask for help if they were concerned about their mental health, or that of others.



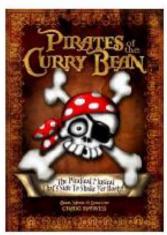
As part of their preparation to fly, our Year Six children had a presentation by Kooth. Kooth.com is commissioned for young people across Cheshire between the ages of 11 and 18. It provides anonymous and personalised mental health support through self-help resources, peer forums and one to one text based counselling chats. It is free, confidential and provides accessed 365 days of the year to counsellors.

ART



This half term, the children in Year Six have been looking at the work of Batriz Milhazes who is famous for her work in textiles. The focus of the unit of work was for the children to create their own abstract pattern to reflect personal experiences or expression but also have a purpose. The children have had a wonderful time fine-tuning their sewing skills as they made mobile phone cases.

Lights, Camera, Action!



Our Year Six are now preparing to share their talents in the Arts as they embark on their end of year performance. We are delighted that the children will be able to put on a show as it would be a shame not to let them shine even brighter than they already do!

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Key Dates and Information

Dairy of Dates

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Event	Class							
	involved							
School Opens								
Year 6 transition to	All classes							
high school day and								
move up day for all								
classes								
Sports Day	KS1 pm							
Sports Day	Y3/4 am							
	Y5/6 pm							
Year 6 Leavers'	Year 6 and							
Awards Ceremony in	parents							
church (tentative)								
School Closes								
	School Opens Year 6 transition to high school day and move up day for all classes Sports Day Sports Day Year 6 Leavers' Awards Ceremony in church (tentative)							



As the children have returned we have seen a significant improvement in their attendance. The staggered starts to the day seem to be impacting positively on punctuality also. Thanks you for your support in this.

Just a reminder that holidays taken in school time will not be authorised. We appreciate that many of you may have had to cancel holidays that are booked, and like many people, are desparate to get away. However, from an educational point of view, the children have missed so much schooling and more so than ever we need to ensure they are in school. Many thanks in anticipation of your support with this.

We have an attendance reward system for the whole school, which is based on each class's attendance at the end of the week (including homelearners). The system works as follows:

100%	Gold award	10 points	
Class with the highest	Silver award	5 points	
attendance of the week			

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The class with the most points accumillated at the end of the school year gets a very special treat of a trip paid for by school. At the moment YEAR TWO are the ones to beat who have 80 points having had FIVE 100% attendance weeks.

Point to note...

Obviously, if your child is displaying symptoms of COVID-19, please do not send your child in – this will be classes as an authorised absence anyway on the system.

Current attendance figures to date are:

EYFS	Y1	Y2	Y3	Y4	Y5	Y6
97.1%	97.4%	97.4%	96.9%	97%	94.3%	97%

Our school target is 97%. Well done everyone to those classes hitting the target.

Lunchtimes



Just a reminder that in September school meals will increase to £2.75 per day and payable through ParetPay. Children in KS1 will continue to receive Universal Free School Meals. If you are in receipt of any of the following benefits, you could be eligible for Free School Meals:

- Universal Credit
- Income Support
- Income based job seekers allowance
- Child Tax Credit
- Working Tax Credit
- Support under part of the Immigration and Asylum Act
- Guarantee element of state pension credit
- Income related employment and support allowance

Please see Bev in the office if you think you are eligible.

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