

Arete

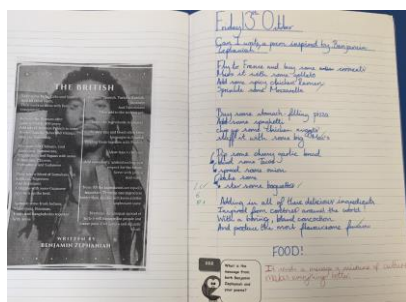
Our trip to Arete was, without doubt, one of the most amazing experiences our Year 6 robins could have wished for! As soon as they arrived, they were immersed into the great outdoors and before they knew it, the children were kitted out and rafting across the picturesque Llyn Padarn.

Throughout the week, the rain persisted but it didn't stop the children from having an unforgettable experience. Amongst many other activities, mining and gorge walking were real highlights and it was lovely to see the children positively beaming as they shared their experiences with each other.



Black History Month

As part of our Black History month celebrations, Year 6 children looked closely at the wonderful achievements of the famous poet, singer-songwriter, author and actor, Benjamin Zephaniah. Our robins researched Zephaniah's work and found out about his origins, education and his inspirations to want to bring change; firstly, to his community and then to a wider audience through the medium of dub poetry.



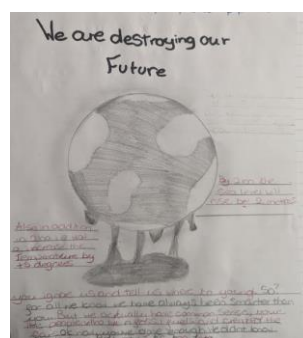
From this, they created their own politically-driven poems with ideas which had value to their own beliefs and some children even performed them to the whole

class!

Sophia: *We learnt that Benjamin was kicked out of school for being dyslexic, yet he went on to become a famous poet, singer and songwriter. That's inspiring!*

Geography

Our geographical enquiry skills have led our Year 6 robins to explore why population changes. Through this unit, the children have already investigated push and pull factors of migration, described the causes of climate change and the impact on global population. As we continue with this topic, we will explore the population in our local area and carry out fieldwork to support our understanding.



Thomas: *We have discovered that unless humans make a change quickly, the planet will be too hot for anyone to live on.*

My Happy Minds

Understanding the significance of maintaining good mental health has never been more important and we recognise that it is fundamental for our children to be aware of the factors that can impact on their own mental health. At the start of this academic year, we introduced the 'My Happy Minds' programme and our children have been eager to find out more. Already, they have a solid understanding of key parts of the brain such as the hippocampus, amygdala and prefrontal cortex and know how they can react in certain circumstances. In addition to this, they have begun to learn some coping strategies for when they are finding things a bit tricky. These include journaling their feelings, grounding techniques and breathing exercises which we will continue to utilise throughout the year.