



WARRINGTON
Borough Council

Steve Parks
Interim Chief Executive

Debbie Watson
Director of Public Health

East annexe
Town Hall
Sankey Street
Warrington WA1 1UH

08 July 2025

Dear parents/guardians/carers

Re: Measles, Mumps, and Rubella (MMR) Vaccine

Measles is on the rise in Cheshire & Merseyside – please make sure your child has received two doses of the Measles, Mumps, & Rubella (MMR) vaccine for full protection.

Measles is an infection that spreads very easily and can cause serious problems in some people. Having the MMR vaccine is the best way to prevent it. Babies and pregnant women are at increased risk of harm.

Measles symptoms to be aware of include:

- high fever
- sore, red, watery eyes
- coughing
- small greyish-white spots in the mouth
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.

Anyone with symptoms is advised to stay at home and phone their GP or NHS 111 for advice, rather than visiting the surgery or A&E, to prevent the illness spreading further. Do not send your child to school or childcare.

The free MMR vaccine is a safe and effective way of protecting against measles, as well as mumps and rubella. Having two doses of the MMR vaccine at the right time, dose 1 from 12 months, and dose 2 from 3 years 4 months, is the best way to protect your child and help prevent the spread of measles. Especially to those most vulnerable.

Please make sure your child is up to date with their vaccinations. Ask at your GP surgery if you're not sure if you or your child have had the vaccine. You can also check your child's Red Book.

People of any age can become infected with measles if they have not been fully vaccinated. It is never too late to catch up.

You can find further information on MMR and other childhood vaccinations on the NHS website www.nhs.uk/vaccinations/

For further information about measles, also visit the NHS website www.nhs.uk/conditions/measles/

Yours faithfully,

A handwritten signature in black ink that reads "D Watson". The signature is written in a cursive, flowing style.

Debbie Watson
Director of Public Health