



# FRIDAY NEWCHURCH

20<sup>th</sup> April 2018

## HEALTHY LIFESTYLES WEEK

This week at Newchurch has been Healthy Lifestyles week, and what a week it has been! There have been so many wonderful events put on for the children to participate in and they've thoroughly enjoyed the challenges.

The KS2 children have been taking part in a Great Newchurch Run. During their break times, they have ran the perimeter of the field, clocking up as many miles as possible. Collectively, the children have ran over 500 miles in just one week. What an astonishing achievement!

On Wednesday, all of the children took part in our Sponsored rowing event with the aim of ensuring that the rowing machines didn't stop spinning from the moment the children came into school until the bell at the end of the day. Needless to say our resilient robins achieved this and managed to row a total of 72 miles. Again, an emphatic distance which showed true spirit and determination.

After school on Wednesday, with the sun shining down on us, the Newchurch staff took and the Newchurch parents in a game of rounders. The closely contested game ended up with the parents and staff each winning one game each, but the parents edged it with more rounders overall. Well done to the parents' team and thank you for your participation. It would be great if this could become an annual event which grows with more parent teams taking part.

Thursday was another eventful day with all classes taking part in Metafit thanks to the wonderful instructor, Eileen Jackson. Metafit is a challenging fitness test where children are aiming to do all sorts of activities for as long as possible. The uplifting music alongside the gorgeous weather was a fitting backdrop for the enjoyable challenge. After school it was quite a contrast with the parent and staff Yoga session. Our wonderful yoga instructor, Abi Lomax, led the session outside and helped to make everyone feel calm and relaxed throughout. All participants left the session feeling energised and invigorated.

The week came to a close with Fruity Friday. Children from all classes brought fruit and vegetables to school for their snack, ensuring

that we had a focus on healthy eating as well as healthy bodies. Throughout the day, children from Y1 to Y6 took part in Tai Chi classes, which is a combination of martial arts and mindfulness. The children really enjoyed learning the moves and terminology and, like the yoga, left the sessions feeling positive and upbeat.

Many thanks to Mr Singleton for all his hard work in organising such a wonderful week.

**Eileen Jackson Metafit:** It has been a pleasure to return to Newchurch and complete the metafit testing with KS2 and fitness/dance/aerobics with KS1. All the children participated with GREAT enthusiasm and gave every ounce of energy they had. I hope the children keep up with their fitness.

**Elodie Walsh Rec:** We danced outside, it was fun.

**Charlotte Beddall Y1:** I liked in on Fruity Friday because everyone brought in lots of different fruit.

**Joe Roper Y2:** I liked doing the Tai-Chi because it was fun and different.

**Freddie Wilcock Y3:** I enjoyed the Great Newchurch Run and I collected lots of cubes.

**Christian Hill Y4:** I have really enjoyed the Great Newchurch Run. I have run around the field over 80 times this week!

**Alexander Fitzsimmons Y5:** I have really enjoyed the rowing challenge and so far I have completed 16 laps of the school grounds.

**Jack Herbert Y6:** I enjoyed the rowing machines and I added 590 m to the total.

**Abigail Taylor Y6:** I really enjoyed metafit because it gave me a personal challenge to beat your previous record.

## STAFF DYSLEXIA TRAINING

As part of journey to becoming an accredited Dyslexia Friendly School, Monday's INSET was focused on Teaching for Neurodiversity.

The neurodiversity movement recognises that there is not just one right way to think and perceive the world. The neurodiversity movement works toward a world where people's brain differences (ADHD, autism, dyslexia, dyspraxia, dyscalculia, speech impairment) are seen as valuable differences rather than as things to be fixed.

**Jean Williams:** I'm proud to be the Chair of Governors at a school where all the staff are committed to meeting all pupils' needs.

**Newchurch Community Primary School**

01925 763427

Headteacher: Mrs S Lawrenson

[www.newchurchprimary.co.uk](http://www.newchurchprimary.co.uk)

**If you have any concerns about Child Protection or Health and Safety,  
Please contact school**

## BUDDHIST TRIP

Earlier this week, Year Three visited the Manchester Buddhist centre. This gave the children the opportunity to spend time in the shrine room, speak to a practicing Buddhist and take part in mediation. The experience was both informative and enjoyable for everyone involved. Mrs Toone would just like to thank all parents involved and also highlight the outstanding behaviour of all the children, which was commented on by the people they worked with on the day.

**Matthew Herbert:** I learned how to meditate in the room with the Buddha!

**Miss Ingham:** It was very interesting to see all the different elements involved in meditation.

## MENTAL HEALTH TRAINING

As part of our healthy lifestyles week, the staff had mental health training as part of our inset on Monday. We looked at ways to support our own and others mental health.

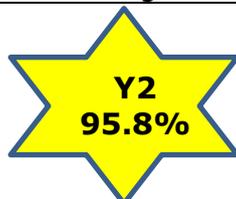
**Mrs Narraway:** Having the opportunity to reflect on how we can maintain a healthy mind was very worthwhile. I can see lots of baking and reading!

## READING LADDER w/e 20<sup>th</sup> April 2018



	<b>REC 94%</b>	<b>+</b>
	<b>Y5 72%</b>	<b>+</b>
	<b>Y1 67%</b>	<b>-</b>
	<b>Y6 63%</b>	<b>-</b>
	<b>Y3 59%</b>	<b>-</b>
	<b>Y4 43%</b>	<b>-</b>
	<b>Y2 42%</b>	<b>-</b>

Attendance w/e 6<sup>th</sup> April 2018  
Our whole target is 97.5%



**Y3 94.8%**

**Y4 92.1%**

**Y5 91.1%**

**REC 91%**

**Y1 89.9%**

**Y6 89.6%**

Please remember to telephone school if your child is unwell so that such absences can be recorded as authorised. If permission is not given for a holiday or we are not informed of the reason for an absence, it will have to be recorded as unauthorised. Thank you.

## SCHOOL DIARY DATES

<b>24.4.18</b>	<b>Stay and Play Rec</b>
<b>3.5.18</b>	<b>PTA meeting 7pm</b>
7.5.18	School closed for May Bank Holiday
11.5.18	Reception AND Y5 Cake Sale
<b>14-18.5.18</b>	<b>KS2 SATs</b>
15.5.18	Y5 Liverpool Tate Gallery
15.5.18	Y3 Cricket tournament
<b>21-25.5.18</b>	<b>KS1 SATS</b>
24.5.18	Summer Disco and BBQ
25.5.18	School closes
11.6.18	School opens
13.6.18	Y3, Y4 swimming starts
15.6.18	Y6 cake sale
15.6.18	Reading Picnic ( <b>Parents too</b> )
22.6.18	Dress down day – bottle donations for PTA Summer Ball – 1 bottle per family
22.6.18	Sleepover (KS2 only)
30.6.18	Summer Ball ( <b>Parents too</b> )
2.7.18-6.7.18	Book Fair ( <b>Parents too</b> )
10.7.18 - 11.7.18	Year 4 Beeston Residential
<b>To help with family financial planning, please be aware, pupils in Year 5 will be going to Kingswood in October and Y4 will be going to Beeston in July.</b>	

Have a lovely weekend  
Mrs Lawrenson