

Newchurch Community Primary School
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Headteacher: Mrs J Narraway

16th March 2025

Dear Parent/Carer,



Year Six Transition and Anxiety Workshop

Last half term, some of the children in Year Six shared that they are worried about the transition to high school. This has also been shared by some parents too. In order to support the children with the transition process, we have organised for our Mental Health Support practitioner, Sarah Nuttall, to deliver a transition and anxiety workshop with all of Year Six on **Tuesday 22nd April**.

We also recognise that there are some individual children for whom the process of transition is impacting more significantly on their emotional wellbeing and as such Sarah has offered to do a one-off bespoke series of sessions with a small group of children, no more than six. This will require me completing a consultation with her prior to the sessions to discuss the suitability of the session for each child and consent will need to be given by the parent. If a child is accepted for assessment, you will be invited to meet with Sarah to discuss your child's needs and the process she will follow to support your child.

Sarah would like to use this as part of her university assignment and so would need consent from parents and the child to include anonymous details in her report. She would explain this to you in the initial assessment discussion.

If you feel your child would benefit from the small group support to focus on transition to high school and anxiety, please complete this google form by **Friday 21st March**: <https://forms.gle/m5hP37Ca6xybda9FA>

With kindest regards,

Jayne Narraway

Headteacher



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