SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



PSURED SO

Week One

Meat Free Monday

Vegetarian Sausage Roll Herby Diced Potatoes and Baked Beans

Vanilla Ice Cream

Tuesday

V Pork Sausage with Yorkshire Pudding served with Mash Potato and Carrots

Cheese Panini served with Sweetcorn and Salad

Fresh Fruit Segments, Cheese and Crackers or yoghurt

Wednesday

V Beef Burger in a bun served with Herby Diced Potato, Coleslaw and Sweetcorn

Vegetable Fajita served with Herby Diced Potato and Sweetcorn

Homemade Chocolate Cake

Thursday V Homemade Beef Chilli served with Rice

V BBQ Chicken served with Baked Wedged Potatoes and Sweetcorn

V Jelly and Fruit

Friday

V Oven baked Fish Fingers served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

V Crumb Coated Chicken served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Homemade Biscuit

Week Two

Meat Free Monday Margarita Pizza served with Baked Jacket Wedges and Sweetcorn

Chinese Style Quorn Served with Rice

Artic Roll Ice Cream

Tuesday Roast Dinner served with Mash Potato, Roast Potato, Carrots and Broccoli

Cheese Wrap served with saute potatoes, sweetcorn and salad.

Fresh Fruit Segments, Cheese and Crackers or Yoghurt

Wednesday V Pasta Bolognaise served with Garden Peas

V Garlic and Herb Chicken Pitta served with Veget Rice and Peas

Oven Baked Jam Doughnut

Thursday

V Brunch Lunch (Sausage, Beans, Hash Brown, Omelette)

V Jelly and Fruit

Friday

V Oven baked Battered Salmon served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

V Crumb Coated Chicken served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Iced Sponge Cake

Week Three

Meat Free Monday Homemade Tomato and Mascarpone Pasta Bake served with Seasonal Vegetables

Omelette served with Baked Herby Diced Potatoes and Baked Beans

Strawberry Ice Cream

Tuesday

V Chicken Katsu Curry served with Rice

Cheese Panini served with Sweetcorn, Salad and Coleslaw

Fresh Fruit Segments, Cheese and Crackers or Yoghurt

Wednesday

V Pepperoni Pizza served with Jacket Wedges, Fresh Salad and Coleslaw

V Sweet and Sour Chicken served with Rice

Vanilla and Chocolate Marble Cake

Thursday

V Pork Meatballs in Homemade Tomato and Basil Sauce served with Pasta and Garden Peas

Cheese Wrap served with Sliced Potatoes, Sweetcorn and Salad

V Jelly and Fruit

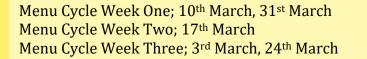
Friday

V Oven Baked Chicken Poppers served with chunky chipped potatoes, garden peas or baked beans

V Oven Baked Fish Stars served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Homemade Biscuit or Cookie





For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

