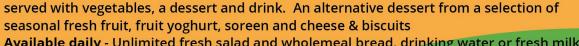
SCHOOL MEALS



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.















Week One

Meat Free Monday

Sausage Roll, served with herby diced potatoes, vegetables or beans

Or

Filled Jacket Potato Served with fresh crisp salad

Vanilla Ice Cream

Tuesday

V Roast Dinner served with creamed & roast potatoes, seasonal fresh carrots, broccoli and gravy

Or

Filled Jacket Potato Served with fresh crisp salad

Fruit Salad, Cheese & Crackers or Yoghurt

Wednesday

V Homemade Chicken Tikka Masala served with with Rice and Peas

Or

Filled Jacket Potato Served with fresh crisp salad

Jelly and Fruit

Thursday

WHomemade Tomato and Mascarpone Pasta Bake, served with Garlic Bread and Sweetcorn.

Filled Jacket Potato Served with fresh crisp salad

Fruit Crumble and Custard

Friday

Oven Baked Fish Fingers or Crumbed Chicken served with chunky chipped potatoes, garden peas or baked beans

Vegetable Nuggets served with chunky chipped potatoes, garden peas or baked beans.

Homemade Biscuit

Week Two

Meat Free Monday

Margarita Pizza served with herby diced potatoes and sweetcorn.

Or

Filled Jacket Potato Served with fresh crisp salad

Vanilla Ice Cream

Tuesday

V Roast Dinner served with roast and creamed potatoes, seasonal fresh carrots, broccoli and gravy

Or

Filled Jacket Potato Served with fresh crisp salad

Fruit Salad, Cheese & Crackers or Yoghurt

Wednesday

V Homemade Bolognaise served with Pasta and seasonal vegetables

Filled Jacket Potato Served with fresh crisp salad

Jelly and Fruit

Thursday

V Pork Sausage served with Creamed Potatoes, seasonal vegetables and Gravy

Filled Jacket Potato Served with fresh crisp salad

Homemade Cake

Friday

Crumbed Chicken or Oven baked Battered Salmon served with chunky chipped potatoes, garden peas or baked beans.

Vegetable Nuggets served with chunky chipped potatoes, garden peas or baked beans.

Homemade Cookie

Week Three

Meat Free Monday

MHomemade Tomato Pasta Bake, served with seasonal vegetables. Or

Filled Jacket Potato Served with fresh crisp salad

Vanilla ice cream

Tuesday

V Roast Dinner served with roast & creamed potatoes, seasonal fresh carrot and broccoli and gravy

Filled Jacket Potato Served with fresh crisp salad

Fruit Salad, Cheese & Crackers or Yoghurt

Wednesday

V Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas.

Filled Jacket Potato Served with fresh crisp salad

Jelly and Fruit

Thursday

V Homemade Chicken Tikka Masala served with with Rice and Peas

Or

Filled Jacket Potato Served with fresh crisp salad

Homemade Lemon Sponge Cake

Friday

Crumb Coated chicken or Battered Fish served with chunky chipped potatoes, garden peas or baked beans.

Or

Vegetable Nuggets served with chunky chipped potatoes, garden peas or baked beans.

Homemade Cake



Menu cycle week one: 4 Apr, 25 Apr, 16 May, 6 June,

27 June, 18 July,

Menu cycle week two 11 Apr, 2 May, 23 May, 13 June, 4 July,

Menu cycle week three: 7 Mar, 28 Mar, 18 Apr, 9

May, 30 May, 20 June, 11 July,

= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



