



Year 4 SRE Planning

Date:	Learning Challenge: Can I explain what makes a healthy pregnancy?	Learning Outcome: Children know that the health of a mother and the health of her unborn baby are closely linked.
<p><i>Outline of the session:</i></p> <p>Focus – A Healthy Pregnancy</p> <p>Share with the children a letter from a friend who is having a baby. The letter will share her anxieties about being a mum. How can we help her keep mentally healthy? Draw on the children's previous learning about mental health.</p> <p>Talk to the children about the changes that are happening to the pregnant lady's body as a result of her pregnancy.</p> <p>Show the children a collection of different statements which are dos and don'ts when you are pregnant. The children are to work with their team to sort them into dos and don'ts. Discuss the outcomes of their sorting. Does a pregnant lady have to stop exercising when she is pregnant? Why are pregnant woman sometimes sick each morning? Why does she have to look after her diet? What happens when she visits the ante-natal clinic?</p> <p>Is the growing baby too heavy for her?</p> <p>As a class gather the different information needed for the soon to be mother. Explain to the children that they are to write a letter back to the lady and give her advice.</p>		
Working Below <i>What they will do and how we will know they have been successful</i>	Working Within <i>What they will do and how we will know they have been successful</i>	Working Above <i>What they will do and how we will know they have been successful</i>
	Children are to write a letter back to the pregnant lady and give advice on what she should do.	
Working Below <i>Notes to aid Assessment for Learning</i>	Working Within <i>Notes to aid Assessment for Learning</i>	Working Above <i>Notes to aid Assessment for Learning</i>

Year 4 SRE Planning

Date:	Learning Challenge: Can I explain the stages of child birth?	Learning Outcome: Children are able to describe the stages of labour.
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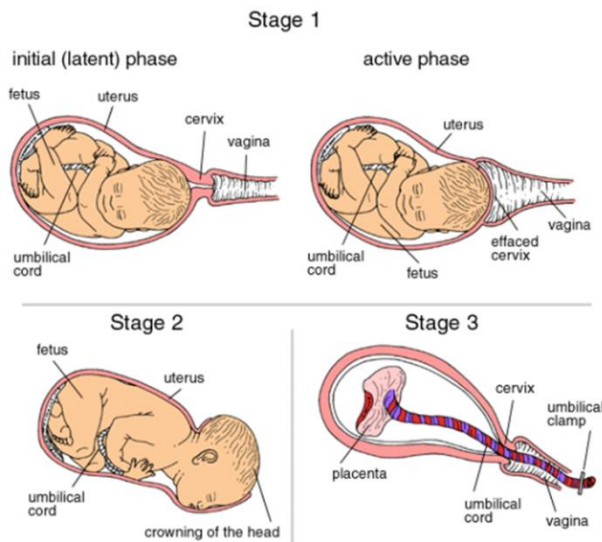
Outline of the session:

Focus – The Birth of the Baby

Show the children a mock-up of an agony aunt's page. The page will include a number of letters with concerns about the actual delivery of the babies by the pregnant women. Each of the women will be at different stages of their pregnancy. Show the children the different fruits that they can associate with the development of the baby within the woman's body.

Address the different questions the pregnant ladies have. E.g. How does she know that she has gone into labour? Does it hurt when a woman has a baby? What are the different stages of labour?

Share with the children the different stages of labour.



Discuss the different stages with the children. Explain how the cervix needs to soften and expand to allow the baby to be born.

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	Children create a flowchart which shares the information about the different stages of childbirth.	Children write a letter back to the expectant mother with an explanation of the stages of childbirth and advice.
Working Below <i>Notes to aid Assessment for Learning</i>	Working Within <i>Notes to aid Assessment for Learning</i>	Working Above <i>Notes to aid Assessment for Learning</i>