



Year 5 SRE Planning

Date:	Learning Challenge: Can I describe and explain the main changes that occur during puberty? Linked to Science curriculum.	Learning Outcomes: Children can describe the main changes that occur during puberty. Children can give reasons why changes occur during puberty. Children can analyse the similarities and differences between how boys and girls experience puberty.
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Human Development: Children label pictures on the IWB with the name of the stage of development they represent. Which stages of development have you undergone? Which ones will you undergo? What is your next stage of development? Read through the information on the slide labelled 'Puberty' to explain the main changes in this stage of development.

The children will be split into gender groups to enable this session to take place.

Puberty: Fact or Fiction? As a class, children play a quiz where they have to guess if the information is fact or fiction. **Changes During Puberty:** Children re to work in mixed ability teams to label the changes they think occur during puberty. They will do this with one colour.

The Facts: Read the information on the IWB about the main changes that occur during puberty and ensure that key vocabulary is understood.

Content covered for boys: Changes in their voices; changes to sweat, hormones and height; changes and occurrences involving penis, scrotum and testicles and wet dreams.

Content covered for girls: Emotions and hormones; sweat glands, changes to hair and growth; menstruation and discharge.

Changes During Puberty: Children re to work in mixed gender ability teams to label the changes they think occur during puberty. They will do this with another colour.

Plenary: Puberty for Other Animals: Organise the children into groups. Using the Puberty for Animals Cards, children match pictures of animals with the changes that occur to them during puberty. Children take a picture of their cards. Reveal the correct answers. Children change incorrect answers and take a further picture with corrections. Do all animals experience puberty in the same way? Why not?

Working Below <i>What they will do and how we will know they have been successful</i>	Working Within <i>What they will do and how we will know they have been successful</i>	Working Above <i>What they will do and how we will know they have been successful</i>
Working Below <i>Notes to aid Assessment for Learning</i>	Working Within <i>Notes to aid Assessment for Learning</i>	Working Above <i>Notes to aid Assessment for Learning</i>