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Preparing To Fit

Headteacher: Mrs J Narraway

17th September 2020

Dear parent/carer,

As a result of the media coverage over the last few days, you are probably aware of the delay in getting results back from COVID-19 tests. We have been informed that the Testing Programme in Cheshire and Merseyside is experiencing continued exceptionally high demands.

We have been advised that pupils and staff do not need to take a test unless they exhibit one or more of the listed symptoms:

- A high temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste, or
- It is recommended by a healthcare professional

Most people with coronavirus have at least one of these symptoms. Therefore, if you have one or more of these symptoms, you will need to get a test in order to stop the spread of the virus.

In the event that a member of your household displays one of the above symptoms, than there is no need for the rest of the household to have a test, unless they are symptomatic.

If you are needing to isolate whilst awaiting test results, please can we remind you that you need to stay indoors. There have been some instances where children have been seen in the village when they are off school self-isolating. We all need to do our bit in battling this dreadful virus.

As we return to school, the children may feel unwell. We have had incidents of a sore throat, stomach upset or a headache. These children do not need to book a test but may need to stay off school and seek medical advice through their GP or pharmacist as usual. Below is a poster with details of frequently asked questions for your information. This is also on our school website under 'Useful Information'.

As always, we thank you for your contribution in keeping us all safe.

With kindest regards,

Mrs Jayne Narraway

**Head Teacher** 





























## COVID-19 (coronavirus) absence: A quick guide for parents / carers



What to do if	Action needed	Back to school
my child has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Child should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when child's test comes back negative OR has completed 10 days self isolation AND feels well / without fever for 48 hours
my child tests positive for COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>Inform school immediately about test results</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	when child has completed at least 10 days of self isolation and they feel better / without fever for 48h  They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
somebody in my household has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Household member with symptoms should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when household member test is negative, and child does not have COVID-19 symptoms*
somebody in my household has tested positive for COVID-19 (coronavirus)	Child shouldn't attend school     Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days	when child has completed 14 days of self-isolation, even if they test negative during the 14 days

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at:

https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/





























## What to do if... Action needed Back to school... ...NHS Test Child shouldn't attend school ...when the child has completed 14 days of and Trace Child self-isolates for 14 days self-isolation, even if (as advised by NHS Test and has Trace) - even if they test they test negative identified my negative during those 14 days during those 14 days child as a 'close Rest of household does not contact' of somebody need to self-isolate, unless with symptoms\* or they are a 'close contact' too confirmed COVID-19 (coronavirus) Do not take unauthorised ...when the ...we / my leave in term time quarantine period of child has 14 days has been Consider quarantine travelled and completed for the requirements and FCO advice has to selfwhen booking travel child, even if they test isolate as part of a negative during those period of quarantine Provide information to school 14 days as per attendance policy Returning from a destination where quarantine is needed: Child shouldn't attend school Whole household self-isolates for 14 days - even if they test negative during those 14 days Child shouldn't attend school ...we have ...when school / other agencies inform you received Contact school as advised by that restrictions have advice from a attendance officer / pastoral been lifted and the team medical / child can return to official source that Child should shield until you school again are informed that restrictions my child must are lifted and shielding is resume shielding paused again Only people with symptoms\* ...when conditions ....l am not need to get a test above, as matching sure who vour situation, are People without symptoms are should get a not advised to get a test, even met test for if they are a 'close contact' of COVID -19 someone who tests positive (coronavirus) For further information: gov.uk/backtoschool

























